

Men's Bicycle Racing Clinic

April 17, 2010 • Central Park



Learn the fundamentals of bike racing. Participate in a simulated road race. Ride three laps of the landmark Central Park loop, fully marshaled with pace vehicle and coaching. Expert racers from CRCA's Western Union and AXA Equitable teams will guide you throughout. A pre-race clinic and post-race recap and Q&A are included.

Where and when: Registration is at 6 am, in the Rambles Parking Lot, East Drive at 81st Street.

What it costs: \$10, includes a 1-day USA Cycling license

Prizes awarded for the top three finishers

The clinic is open to men 18 years and older. Bicycles must have front and rear brakes, no aerobars or fixed gears. The event will take place rain or shine. There is no event day registration — you must sign up beforehand.

Sign up: <http://bikereg.com/events/register.asp?eventid=10496>

For more information and updates, visit craa.net.



CYCLING TEAM



Photo by Alvin Poblacion, nyvelocity.com