



MEN'S BICYCLE RACE CLINIC



START/ REGISTRATION	Central Park/The Rambles Parking Lot/East Drive at 81 st Street Saturday, August 15 th , 6am to 8:30am Register online at: www.bikereg.com Event URL: http://www.bikereg.com/events/ConfList.asp?EventID=9060
WHAT YOU'LL DO	Learn the fundamentals of bike racing! Participate in a simulated road race—3 laps of the Landmark Central park loop roadway—fully marshaled with pace vehicle and coaching. Expert racers will guide you throughout. Pre-race clinic and post-race recap included!
PRIZES FOR WINNERS	Free water bottles for all entrants. Spiuk Helmet and accessories for top 3 places! Open to men 18 years and older. Bicycles must have front and rear brakes, no aerobars
HOW MUCH?	\$10.00 Entry fee includes 1 day USA Cycling License
INFO?	- Event will take place rain or shine. No event day registration, no refunds. For more info and updates visit the CRCA website: www.crca.net

Presented by: Team Western Union and Team Empire Cycling
Event Sponsors